

**VATS/NWD Social Health Kit**

This Kit mostly includes high tech equipment and will be housed, maintained, and available to checkout from VATS. Checkout times will vary depending on need. All partners will report data to VATS, using data collection tool provided by VATS.

Purpose of this Kit:

* To improve communication/connections with friends and family through automation devices.
* To assist with mental health issues during isolation through calming/focus/anxiety reducing devices.
* To improve security in the home through high tech devices
* To assist with sanitization of items coming into the home or being shared within the home through cleaning supplies and UV equipment.

The Kit is divided into three categories:

1. Social Inclusion (connection and communication)
2. Social – Mental Health (calming, focusing, anxiety reducing)
3. Personal Home Safety (home security, sanitation, mobility)

If you have any questions regarding this kit, please contact Sonja Schaible at:

[Sonja.schaible@dars.virginia.gov](mailto:Sonja.schaible@dars.virginia.gov) or contact VATS Central at: 804-662-9990 or: [www.vats.org](http://www.vats.org)

*\*Note: VATS does not have a preference of vendors. The corresponding images and links should be used solely for informational purposes only.*

**Social Inclusion with Family and Friends**

**Echo Show $155**

* Short video:<https://www.youtube.com/watch?v=Trvyq67Z4RM>
* Possible Purchase Resource: <https://www.amazon.com/Echo-Show-Charcoal-Amazon-Smart/dp/B081BTSFPL/ref=sr_1_2?crid=35KDVPIUEEYXW&dchild=1&keywords=echo+show+8&qid=1607823890&sprefix=echo+show+%2Caps%2C250&sr=8-2>

### Square display showeing the weather of 72 degrees and a smart plug

* Manage calendar, make to-do lists, get weather and traffic updates, cook along with recipes.
* Watch movies, news, and TV shows. Listen to songs, radio stations, and audiobooks.
* Voice control compatible devices or manage them using the display.
* Voice or video call friends and family with compatible Echo devices, Alexa app, or Skype.
* Personalize by choosing a favorite clock face or album from Amazon Photos. Create routines and alarms to start your day.
* Control your privacy with the mic/camera off button or the built-in camera shutter.

**Facebook Portal $180**

* Short Video: <https://www.youtube.com/watch?v=qT0mh0ZualE>
* Possible Purchase Resource: <https://www.amazon.com/Facebook-Portal-Calling-Screen-Display/dp/B07XPDYRRJ/ref=sr_1_1_sspa?crid=SNZEX6GSXHP6&dchild=1&keywords=facebook+portal&qid=1607823731&sprefix=facebook%2Caps%2C253&sr=8-1-spons&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUExWkhTRDNTTzdISTVRJmVuY3J5cHRlZElkPUEwMDg0ODU3M0NITDdaUlFDS0JDVyZlbmNyeXB0ZWRBZElkPUEwMjQ5MTQ1MlBMWkpHWkQ4NU9EUyZ3aWRnZXROYW1lPXNwX2F0ZiZhY3Rpb249Y2xpY2tSZWRpcmVjdCZkb05vdExvZ0NsaWNrPXRydWU>=



**Webcam $36**

* Short Video: <https://www.youtube.com/watch?v=oAGQaPxlPGs>
* Possible Purchase Resource: <https://www.amazon.com/Microphone-Streaming-Computer-Conferencing-facetime/dp/B087NN41JH/ref=sr_1_3?crid=MACQ2PS6H4N2&dchild=1&keywords=webcam+with+microphone+gesma&qid=1607824129&sprefix=webcam+with+microphone+gesma%2Caps%2C243&sr=8-3>



**Wi-Fi Picture Frame $160**

* Short Video: <https://www.youtube.com/watch?v=nVhIg8n1gUI>
* Possible Purchase Resource: <https://www.amazon.com/Skylight-Frame-Digital-Picture-Anywhere/dp/B01N7ENHO6/ref=sr_1_1_sspa?crid=1BV9TIWEXEUQI&dchild=1&keywords=skylight+frame+10+inch+wifi+digital+picture+frame&qid=1614969693&sprefix=skylight+frame+%2Caps%2C331&sr=8-1-spons&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUExN1NDRElDU1MwR1dPJmVuY3J5cHRlZElkPUEwMzcxMTM2MzI5U0ZBUlQxOVhHSiZlbmNyeXB0ZWRBZElkPUEwMDE5MjE4M01DVEJaSjdIMUdaRSZ3aWRnZXROYW1lPXNwX2F0ZiZhY3Rpb249Y2xpY2tSZWRpcmVjdCZkb05vdExvZ0NsaWNrPXRydWU>=



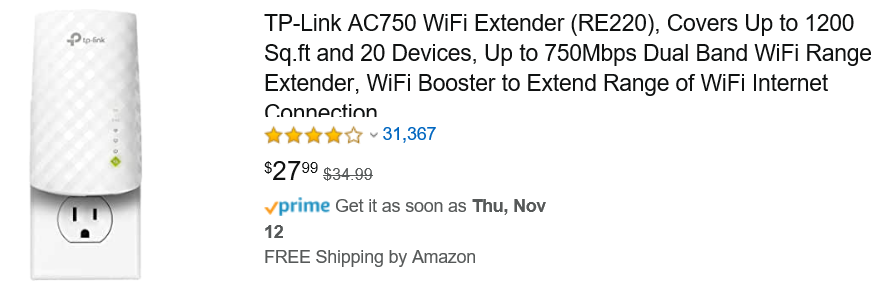
**Phone/Tablet Stand $15**

* Short Video: <https://www.youtube.com/watch?v=qkK4XDb1Isc>
* Possible Purchase Resource: <https://www.amazon.com/Anozer-Foldable-Adjustable-Extendable-Compatible/dp/B089K6C49L/ref=sr_1_5?crid=1VM8XOHRQRDKP&dchild=1&keywords=anozer+foldable+and+adjustable+tablet+stand&qid=1607824560&sprefix=anozer+%2Caps%2C222&sr=8-5>



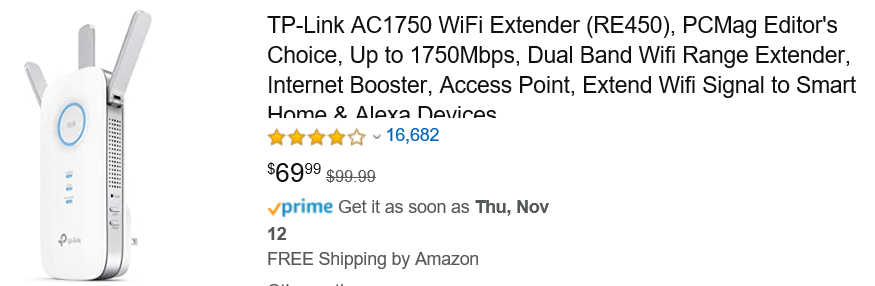
**Wi-Fi Extender $35**

* Short Video: <https://www.youtube.com/watch?v=isn7XhYGLQQ>
* Possible Purchase Resource: <https://www.amazon.com/TP-Link-AC750-WiFi-Range-Extender/dp/B07N1WW638/ref=sr_1_3?crid=15LOO4J6P8VJ3&dchild=1&keywords=tp+link+wifi+extender&qid=1607830496&sprefix=TP+Lin%2Caps%2C348&sr=8-3>



**Wi-Fi Extender $100**

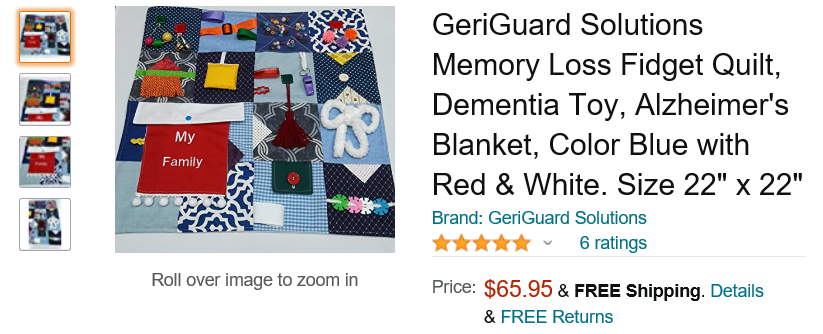
* Short Video: <https://www.youtube.com/watch?v=NgyY7qve5rw>
* Possible Purchase Resource: <https://www.amazon.com/TP-Link-PCMag-Editors-Choice-Extender/dp/B010S6SG3S/ref=sr_1_5?crid=15LOO4J6P8VJ3&dchild=1&keywords=tp+link+wifi+extender&qid=1607830607&sprefix=TP+Lin%2Caps%2C348&sr=8-5>



**Social - Mental Health: Calming/Focus/Anxiety Reducers**

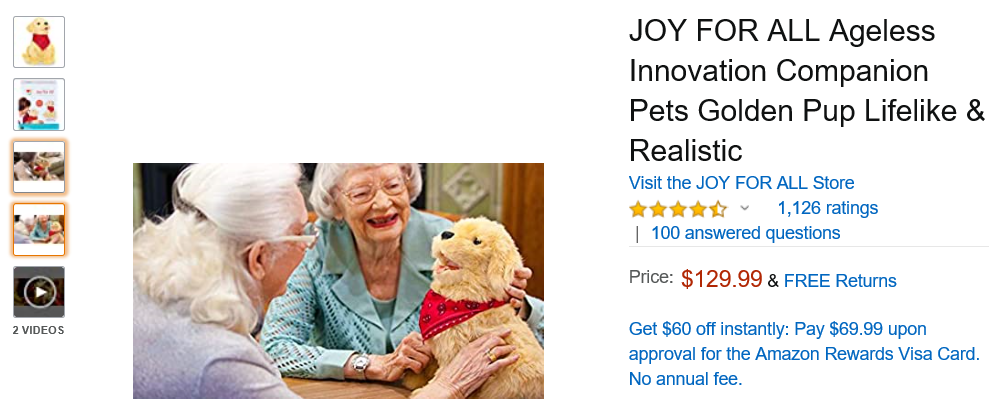
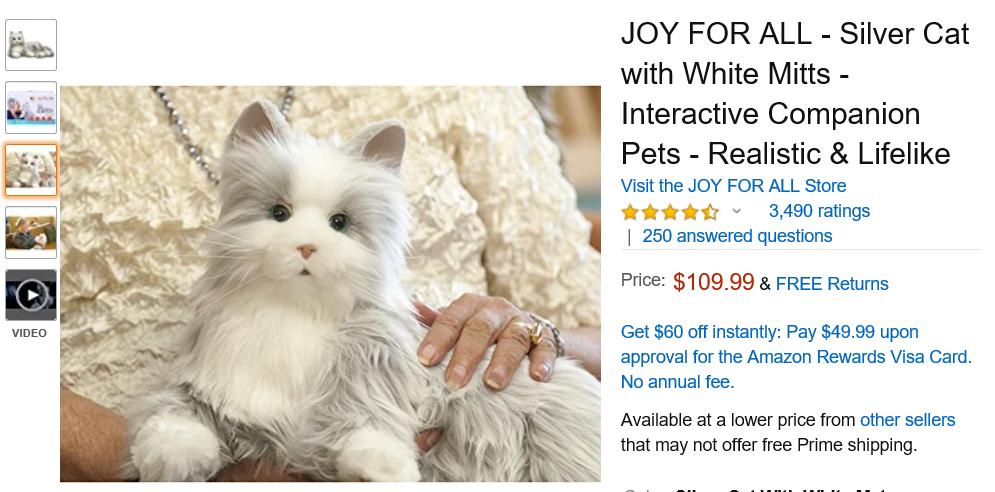
**Soft Fidget Blanket $66**

* Short Video: <https://www.youtube.com/watch?v=-mbpMfr1HUs>
* Possible Purchase Resource: <https://www.amazon.com/Memory-Fidget-Dementia-Alzheimers-Blanket/dp/B07K6VJG89/ref=sr_1_37?dchild=1&keywords=restless+remedy+fidget+quilts+red&qid=1607825541&sr=8-37>



**Robotic Companion Pet (Cat, Dog) Dog $130 / Cat $100**

* Short Video: CAT – <https://www.youtube.com/watch?v=KKrX8Nr_008>
* Short Video: DOG - <https://www.youtube.com/watch?v=1dhqmwb9hgs>
* Possible Purchase Resource: <https://www.amazon.com/s?k=joy+for+all+companion+pets&crid=3GH5PJP6T2C7M&sprefix=joy+for+all+%2Caps%2C269&ref=nb_sb_ss_ts-a-p_1_12>



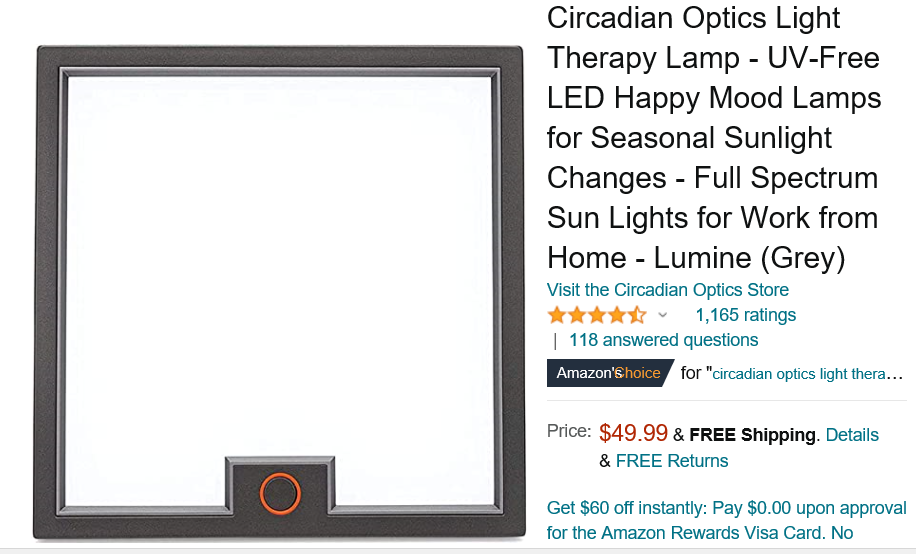
**Artificial Fish Aquarium $45**

* Short Video: <https://www.youtube.com/watch?v=EH75F2No2YM>
* Possible Purchase Resource: <https://www.amazon.com/Lightahead-Artificial-Tropical-Aquarium-Decorative/dp/B010MVJZ8E/ref=sr_1_3?crid=3F6UEPHBZ2F6O&dchild=1&keywords=lightahead%2Bartificial%2Btropical%2Bfish%2Baquarium&qid=1607826190&sprefix=lightahead%2Barti%2Ctoys-and-games%2C206&sr=8-3&th=1>



**Natural Sun Lights (Sun Lamp) $50**

* Short Video: <https://www.youtube.com/watch?v=DLBodegBIoU>
* Possible Purchase Resource: <https://www.amazon.com/Circadian-Optics-Therapy-Spectrum-Minimalist/dp/B075H39NDL/ref=pd_bxgy_img_2/144-6527054-1568710?_encoding=UTF8&pd_rd_i=B075H39NDL&pd_rd_r=2959427e-120d-4419-8d76-48f47fdce251&pd_rd_w=MBS9z&pd_rd_wg=S0S19&pf_rd_p=f325d01c-4658-4593-be83-3e12ca663f0e&pf_rd_r=MYF93YAXGNGBC5856KQZ&psc=1&refRID=MYF93YAXGNGBC5856KQZ>



**Temporal Orientation Clock $47**

* Short Video: <https://www.youtube.com/watch?v=XMlPmCm99-4&t=76s>
* Possible Purchase Resource:

<https://www.amazon.com/%E3%80%90Upgraded%E3%80%91Digital-Calendar-Alarm-Day-Clock/dp/B07Q79DMGY/ref=sr_1_1_sspa?crid=4MKGC2IA37PC&dchild=1&keywords=jall%2Bdigital%2Balarm%2Bclock&qid=1607828496&sprefix=jall%2Bdig%2Caps%2C224&sr=8-1-spons&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUEzMEFLTjJPSFpDSVkxJmVuY3J5cHRlZElkPUEwMzQ1ODEyM1EwRUtWTzBIVDY5SyZlbmNyeXB0ZWRBZElkPUEwNjQ0NTE2N1JBVVhKMEg3SVhOJndpZGdldE5hbWU9c3BfYXRmJmFjdGlvbj1jbGlja1JlZGlyZWN0JmRvTm90TG9nQ2xpY2s9dHJ1ZQ&th=1>

Black clock with the words 
'Thursday Evening 8:00 PM September 3, 2021

**Magnifiers - Screen Magnifier $30**

* Short Video: <https://www.youtube.com/watch?v=yNFc-HpiB6Y>
* Possible Purchase Resource: <https://www.amazon.com/Magnifier-Bluetooth-Speakers-Magnifying-Enlarger/dp/B08HVRH62R/ref=sr_1_5?dchild=1&keywords=fanlory+12+inch+screen+magnifier+for+cell+phone&qid=1607827931&sr=8-5>



**Magnifiers - Dome Magnifying Glass $20**

* Short Video: <https://www.youtube.com/watch?v=8JaY72k0YUM>
* Possible Purchase Resource:

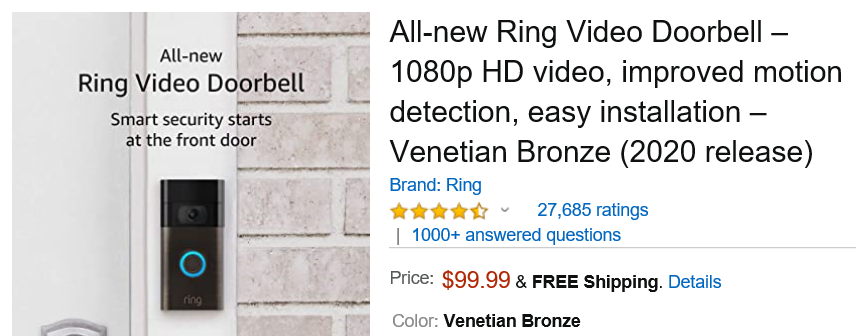
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**Personal Home Safety**

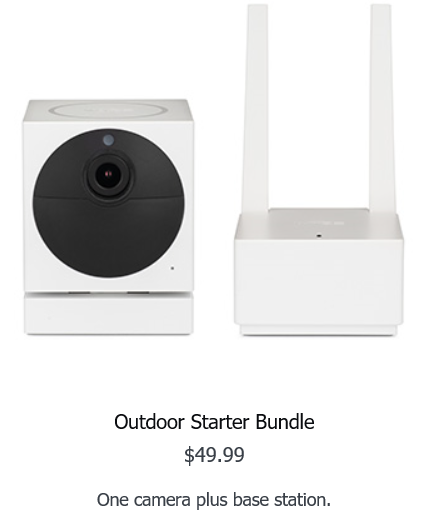
**Ring Doorbell $120**

* Short Video: <https://www.youtube.com/watch?v=0WBM08poIgc>
* Possible Purchase Resource: <https://www.amazon.com/All-new-Ring-Video-Doorbell-release/dp/B087D8ZGFZ/ref=sr_1_2?dchild=1&keywords=ring%2Bvideo%2Bdoorbell&qid=1607829032&sr=8-2&th=1>



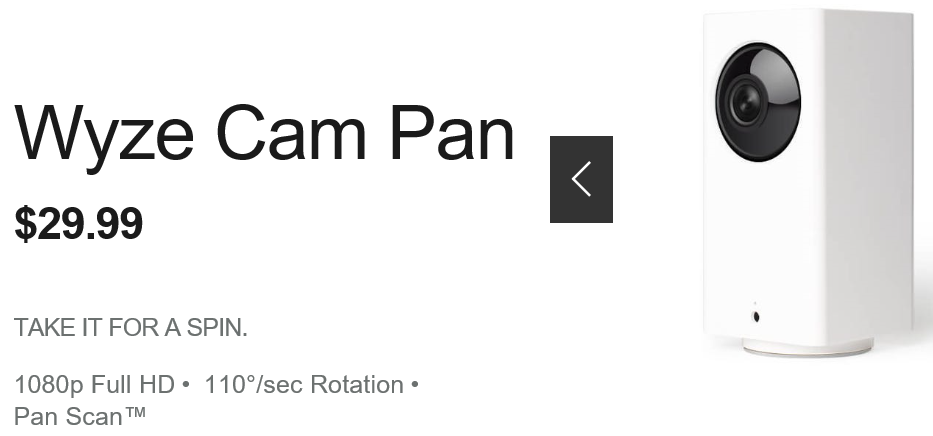
**Wyze Camera - Outdoor Starter Bundle $58**

* Short Video: <https://www.youtube.com/watch?v=OuXBdr9zzOM>
* Possible Purchase Resource: <https://www.amazon.com/Outdoor-Starter-Station-Wire-Free-Assistant/dp/B08FFJWQY1/ref=sr_1_4?crid=M1KDFSGWIESA&dchild=1&keywords=wyze+camera&qid=1607829848&sprefix=wyze+%2Caps%2C646&sr=8-4>



**Wyze Camera - Cam Pan $38**

* Short Video: <https://www.youtube.com/watch?v=akCXeDJxtoE>
* Possible Purchase Resource: <https://www.amazon.com/Wyze-1080p-Indoor-Camera-Vision/dp/B07DGR98VQ/ref=sr_1_5?crid=M1KDFSGWIESA&dchild=1&keywords=wyze+camera&qid=160783y0120&sprefix=wyze+%2Caps%2C646&sr=8-5>



**Personal Home Safety - Sanitation**

**UV Wand $120**

* Short Video:
* Possible Purchase Resource: <https://www.amazon.com/Sanitizer-Portable-Disinfector-Chargable-59S/dp/B0861BK9LQ/ref=redir_mobile_desktop?ie=UTF8&aaxitk=XM50i-yJxxLqp2pKRrazZw&hsa_cr_id=1373522060701&ref_=sbx_be_s_sparkle_mcd_asin_0>



**UV Box $87**

* Short Video: <https://www.youtube.com/watch?v=muoCzTPLipM>
* Possible Purchase Resource: <https://www.amazon.com/Sterilizer-Smartphone-Clinically-59S-S2/dp/B0861BNBXW/ref=redir_mobile_desktop?ie=UTF8&aaxitk=uXw4LOA0iMx51eFJSYFOeg&hsa_cr_id=1373522060701&ref_=sbx_be_s_sparkle_mcd_asin_2>

VU

**Personal Home Safety - Mobility**

**Swivel Tray Table with Stand Assist $160**

* Short Video: <https://www.youtube.com/watch?v=ak9VF94LAqE>
* Possible Purchase Resource: <https://www.amazon.com/Able-Life-Tray-Table-Ergonomic/dp/B0026IBSUA/ref=sr_1_1?crid=2HHCEG1AN44VI&dchild=1&keywords=able+life+able+tray+table+-+bamboo+swivel+tv+laptop+tray&qid=1607824785&sprefix=able+life+able+tray+table%2Caps%2C214&sr=8-1>



**Social Isolation Kit Item Average Costs:**

**$155 Echo Show 8**

**$180 Facebook Portal**

**$36 Webcam**

**$160 Wi-Fi Picture Frame**

**$15 Phone Tablet Stand**

**$35 Wi-Fi Extender AC750**

**$100 Wi-Fi Extender AC1750**

**$66 Soft Fidget Blanket**

**$100 Robotic Companion Cat**

**$130 Robotic Companion Dog**

**$45 Artificial Fish Tank**

**$50 Natural Sun Light Lamp**

**$47 Temporal Orientation Clock**

**$30 Screen Magnifier**

**$20 Dome Magnifying Glass**

**$120 Ring Doorbell**

**$58 Wyze Camera Outdoor Starter Kit  
$38 Wyze Cam Pan**

**$120 UV Sanitizer Wand**

**$87 UV Light Sanitizer Box**

**$160 Swivel Tray Table with Stand Assist**

**~$2,000 Per Kit**