In Alabama, 84,580 seniors are using SNAP to buy healthy food. *Are you?*



SNAP helps Alabama seniors 60+ buy healthy food at the grocery store. You can get help from SNAP if you have a fixed income or high medical and living expenses. The amount you receive depends on household income from all sources, deductions of high medical or housing costs, and how many people live in your household.

Request application: 251-706-4680 or 1-800-243-5463

Apply online: www.agingsouthalabama.org/benefits-check-up/

"Request a Benefits Check Up" button & follow prompts





